

Middle Years Programme

Handbook for Service as Action

International School of Bydgoszcz learning expectations for service

2022/2023

Understanding the philosophy

"IB learners strive to be caring members of the community who demonstrate a personal commitment to service, and act to make a positive difference to the lives of others and to the environment".

From principles into practice (2014), International Baccalaureate.

"Service as action: With appropriate guidance and support, MYP students should, through their engagement with service as one of the significant forms of action, meet the learning outcomes to develop the skills and attributes of an IB learner. IB World Schools value service with others as an important way to engage in principled action across a range of overlapping local and global communities".

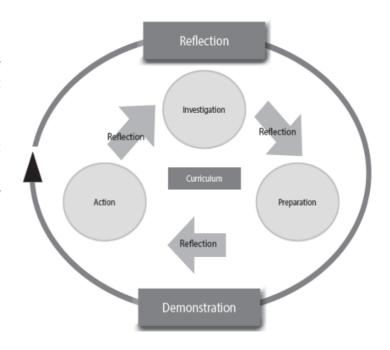
Further guidance for developing MYP Service as Action. Reference excerpt—MYP: From principles into practice (2014), International Baccalaureate.

"Service activities or service experiences are opportunities for students to engage in action. Service activities may be designed as a single learning event, a series of related learning experiences, or an extended project. They can be planned by teachers, students, external organizations and agencies, alone or in collaboration with other individuals and groups".

Further guidance for developing MYP Service as Action. Reference excerpt—MYP: From principles into practice (2014), International Baccalaureate.

Learning by doing and experiencing, as part of action and global engagement are central to the IB philosophy and practice. Through the practice and use of approaches to learning skills that support the learning and practice of the learner profile attributes, students get involved with issues they are interested in as they explore the curriculum of the different subjects and identify needs and conflicts in the community, through the way these issues affect their lives and the lives of others around them or around the world.

As students explore different topics in the different subjects using inquiry based learning, they discover issues, confront the consequences of different actions, and identify global contexts which help them to take service as the natural outcome for action.



Investigating, preparing, taking action, reflecting and sharing become the training for the acquisition of tools and skills that will allow students to be successful as problem solvers in the 21st century.

MYP Service as Action is more about developing in students the appropriate attitudes and outcomes. This action will be different from student to student and may involve students in:

- **1.** showing empathy,
- 2. modifications on behaviour and habits,
- 3. taking responsibility for longer projects,
- **4.** acting alone and acting with others,
- **5.** taking physical action,
- **6.** suggesting changes for the benefit of all involved and
- 7. lobbying people in more influential positions to act.

MYP learning outcomes for service

When working on Service as Action you will focus on the following **learning outcomes**:

Learning outcomes

You should:

1. become more aware of your own strengths and areas for growth

- ❖ Your SA activity allows you to learn something new about yourself that you are good at something or that you need to work on specific character trait more.
- ❖ If you gain a **new** skill, you meet another learning outcome: undertaking challenges that develop new skills.

2. undertake challenges that develop new skills

- You are facing challenges when completing your task.
- During the activity you plan to develop new skills for yourself.

3. discuss, evaluate and plan activity initiated by you

- ❖ You initiate the activity and go with the idea for SA to a candidate for your supervisor and your fellow students if you want to work in a team or pair.
- ❖ You take part in a discussion about the activity before, during planning it or when it was necessary to evaluate it.
- ❖ You evaluate the project when you see that something has to be changed, you modify the plan of the activity.
- ❖ You evaluate the project in the form of a reflection after an activity write what you would change next time in case of doing the same experience once again.
- ❖ You play a very active role when planning the activity.

4. persevere in action

- You are persistent in the action, disregarding difficulties, obstacles, or discouragement.
- What's more, according to your grade, you need to do your activity by at least the minimum number of hours

G6 students are required to do at least 6 hours of the SA experience which meets "perseverance" requirement:

G7 students are required to do at least 6 hours in the SA experience which meets "perseverance" requirement;

G8 students are required to do at least 7 hours in the SA experience which meets "perseverance" requirement;

G9 students are required to do at least 8 hours in the SA experience which meets "perseverance" requirement;

G10 students are required to do at least 9 hours in the SA experience which meets "perseverance" requirement;

Length (6-9 hours or more) of a single SA experience can be spread into regular activities (ex. once a week one hour) or can be done during one long activity (ex. helping in a city's voluntary service for 6 hours at once). **"Hour" means 60 minutes.**

5. work collaboratively with others

♦ You work on the project in a team or pair. You shared responsibilities and helped each other to achieve activity's purpose.

6. develop international mindedness through

- global engagement,
- multilingualism and
- intercultural understanding
- The project has a global range.
- In your activity you show what activities similar to yours look like in other countries.
- ❖ You can show that your project influences also other country/ies.
- ♦ Your activity teaches others about another culture/country (ex. music, literature, theatre, architecture, clothes, lifestyle, history) or problems around the world.
- You are in touch with a student studying in another country who does similar project in her/his school or you are doing an international activity with her/him.
- You cooperate with international organisation that helps people from various countries.
- ❖ You are learning totally new language for you when doing a project (the language that you have never learnt).
- ♦ When doing your project, you are using a foreign language to communicate.
- Your activity shows that education does not have borders.
- ❖ You are engaged with a global issue at local, national or international level.
- Using English is NOT meeting this outcome.
- ♦ Using Polish if you are Polish person is NOT meeting this outcome.
- Doing a project for or with our international school community is NOT meeting this outcome.

7. consider the ethical implications of your actions

- ❖ You understand how your actions affected yourself, the community or environment.
- ❖ You understand that the reason for this activity is to help of community/people/person in a real need.
- ❖ You consider in ethical way what you did properly in this activity and what you did not.

Based on: Further guidance for developing MYP Service as Action. Reference excerpt—MYP: From principles into practice (2014), International Baccalaureate; Service as Action in the MYP in different modes of teaching and learning (2020), International Baccalaureate

Have you learnt a <u>new</u> skill when challenged when doing your project? Here you have some examples of possibly <u>new</u> skills:

- writing skills
- critical thinking
- being a leader
- negotiating ideas and knowledge
- finding the proper correct information
- taking effective notes during meetings
- using "social media networks appropriately to build and develop relationships"
- Delegating and sharing "responsibility for decision-making"
- Managing and resolving conflict
- Listening "actively to other perspectives and ideas"
- Encouraging "others to contribute"
- Practising "strategies to overcome impulsiveness and anger"
- Practising "strategies to prevent and eliminate bullying"
- Practising "strategies to reduce stress and anxiety"
- Considering "ideas from multiple perspectives"

Based on: ATL list on Managebac.com.

Some examples of strengths or areas for development that you can <u>discover</u> when doing your project:

- time management
- planning, organizing your work
- controlling emotions
- planning teamwork, dividing responsibilities when working with friends

- looking for solutions with your team members
- concentration
- easy to be distracted by different things (a phone, games, music, a computer, the Internet, animals etc.)
- being trustworthy or not
- being a leader or not
- being courageous or not
- being confident or not
- being persistent or not
- having empathy

"All MYP student learning outcomes for service are closely associated with IB learner profile attributes and approaches to learning (ATL) skills. (...) The seven outcomes are developmental, reflecting what students may expect to experience and learn over time. The outcomes describe broadly how students can change and grow through service with and for others (...)".

Source: Further guidance for developing MYP Service as Action. Reference excerpt—MYP: From principles into practice (2014), International Baccalaureate.

ISoB students are expected to meet all of the learning outcomes for SA during whole education in MYP. Remember that during five years (MYP1-MYP5), through all your Service as Action experiences you need to meet all seven "MYP learning outcomes for service". It means that a single activity can meet one or a few of them but <u>all activities together throughout 5 years should meet all seven learning outcomes.</u>

Requirements according to the grade

Recommended learning outcomes for each grade

The table below is our school's suggestion for students what outcomes they should meet in specific grades. The pupil needs to meet all of the learning outcomes over the course of the Middle Years Programme but she/he does not need to meet all of them within a given year.

The choice below is based on our observations on how students reflect on their projects. In the table the outcomes are located according to students' age and if pupils follow the suggested path - year by year it will be easier for them to complete the requirements at the end of MYP.

Every time we recommend that students should analyse their projects according to possible learning outcomes which they could meet. The analysis can be conducted also right after completing the project. It means that students are very welcome to meet more outcomes during one school year than described below. Meeting other learning outcomes than described here will not be treated as a mistake.

Learning outcomes "dedicated" to each MYP grade:

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Grade	undertaking challenges that develop new skills
6	working collaboratively with others
Grade 7	discussing, evaluating and planning activity initiated by you
Grade	becoming more aware of student's own strengths and areas for growth
8	perseverance in action
	develop international mindedness through global engagement, multilingualism and intercultural
Grade 9	understanding
9	considering the ethical implications of your actions
	developing international mindedness through global engagement, multilingualism and
Grade 10	intercultural understanding
10	considering the ethical implications of your actions

The older you are, the more developed project you should do.

For example, good ideas for grade 6 are: cleaning a small park from rubbish or cooking a cake for a class party.

In G7 you could organize a team to clean a bigger area of a park and learn some new recipies of cookies (for example from other nationalities) to make a class party more enjoyable.

In G8 you could also clean a park but organise it with your classmates, and what's more - make a website about the event or Instagram profile about the influence of rubbish on the invironment. In G8, cooking a cake is not enough. You should organise a whole class party with your team.

In G9 you could not only clean a park but also propagate clean environment in a local community. G9 students could organize workshops of cooking cakes for school community.

G10 students can organize a school action of cleaning a bigger part of a forest and engage people from the local community in the common goal. They can not only cook cookies but organise a school party with cooking international dishes and make a website about them.

Above projects are just ideas to illustrate how a given project "grows" in complexity the older the students doing it. Each student should organise a project that meets his/her interests.

How many activities in your grade?

Year 1 students (grade 6):

- one Service as Action experience (done individually, in a group or pair).

Year 2 students (grade 7):

- one Service as Action experience (done individually, in a group or pair).

Year 3 students (grade 8):

- one Service as Action experience should be done individually,
- one Service as Action experience should be done in a group or pair.

Year 4 students (grade 9):

- one Service as Action experience should be done individually,
- one Service as Action experience should be done in a group or pair,
- one Service as Action experience can be done individually or in a group according to student's preferences.

Year 5 students (grade 10):

- one Service as Action experience should be done individually,
- one Service as Action experience should be done in a group or pair.

Note: a new student in grade 10, who has no experience in IB education yet, needs to do just one Service as Action activity for this last MYP school year.

Frequently asked questions

Why do I need to do Service as Action?

- To further develop as IB learner,
- To demonstrate you are caring and principled member of the local and global communities,
- To try and make a positive difference to other people's lives and to the environment,
- To develop an understanding of the world and your responsibilities within it,
- To demonstrate you learned and apply the attributes of the learner profile,
- Service as Action is a requirement to graduate from the MYP.

Will service as action help me in any sense? If so in what way?

The content in your lessons and its application in the Service as Action experiences will help you gain a better understanding of the world around you. When this happens, you can understand your role in the community, take responsibility, and make sound decisions that translate into making a difference in the world. Also, through your participation in service, you can become more confident and self-regulated learner. You build authentic connections between what you learn in the classroom and what you encounter in the community.

• Service connected to classroom learning (service-learning project) gives you the opportunity to apply concepts, skills and knowledge.

- You grow in confidence and responsibility.
- You become a more confident, self-regulated learner.

I don't have any idea for my SA experience. What should I do?

Choose service activities that you are really interested in and concerned about. Consider the needs of your school, neighbourhood, state and world communities. Find ways to make a real difference in the lives of the people and environment around you. You can use also consult the list of ideas for SA prepared by the school.

Your action can be planned and prepared according to a **SMART model**.

- **S** Specific: What exactly do you want to do in your action?
- **M** Measurable: How will you measure that you have achieved your goal?
- **A** Attainable: Is your goal attainable? Are you going to achieve it?
- **R** Relevant: Does your goal align with all the requirements described in this document?
- **T** Time bound: Did you prepare a plan which has specific time when it starts and when it finishes?

Do I need any supervisor?

Yes. Choose a supervisor who will guide you through your activity - a teacher, an older student from grades 10-12, another adult person from outside the school. Students from the same grade cannot be supervisors for one another. Supervisor should observe you when you do your project, but it is not necessary for her/him to stay with you all the time. You need to do your experience being under supervision of your guardians or parents, or teacher if you are in school at that time. After that you can show results of your work and tell your reflections to your supervisor. It is forbidden to ask any person to be your supervisor after finishing your SA activity. In other words, an adult's supervision does not work backwards.

What should I ask my supervisor for?

You need to remember that you should discuss with your supervisor: your idea, a plan of the project (with learning outcomes included) and later your reflections (also with your learning outcomes). If your mentor is your teacher (this is recommended situation), she/he needs to comment your project in ManageBac. If she/he is not, should complete the form located at the end of this document.

Can one of my family members be my supervisor?

Your family members may only act as your supervisor if they are acting in a role other than your family member (ex. as an employer in a company).

When an activity which I want to undertake becomes service?

Service as Action is not a homework assignment or presentation that you do during a lesson. It is something that you do beyond the school lessons. The SA project can be related to a topic that you do on specific subject, can be inspired by a teacher but it can and, in fact, it should be your idea and your own initiative.

Your experience becomes service...

- When your action helps someone one person or a community.
- When you meet at least one learning outcome in one Service as Action experience. You need to meet all learning outcomes during MYP.
- When your action helps you in growing up and developing self-management ATL skills.
- When you complete required documentation in ManageBac and bring "Observation form" completed
 by your supervisor to school Service as Action Leader. Instead of completing "Observation form"
 a teacher who plays a role of your mentor, can write a comment about your work in a message
 board on ManageBac.
- When you write a concise reflection after (and also during) your action. It needs to contain explanation how you met each planned learning outcome. Don't worry if you did not meet a learning outcome which you have planned before. You need to explain what happened that it did not work and you need to meet this outcome in another project.

"This action will be different from student to student and from context to context. The action may involve students in:

- feeling empathy towards others
- making small-scale changes to their behaviour
- undertaking larger and more significant projects
- acting on their own
- acting collaboratively
- taking physical action
- suggesting modifications to an existing system to the benefit of all involved
- lobbying people in more influential positions to act".

From principles into practice (2014), International Baccalaureate.

Does my service activity need to be associated with curriculum from lessons like a specific MYP unit?

It can be associated but it is not a requirement. It can be your own independent idea as well.

"Both stand-alone and curriculum-based approaches to service can be valuable, providing meaningful opportunities for student engagement and participation in service. Extra-curricular or co-curricular activities—including individual and family community-service activities—can also provide opportunities for students to demonstrate learning outcomes for service"

(Further guidance for developing MYP Service as Action. Reference excerpt—MYP: From principles into practice (2014), International Baccalaureate)

What is the minimum number of people in the group doing a project?

Individual project means that you or your supervisor plan your future action that later you complete. Group action can be a pair, small-group, classroom, school-wide and community-focused service. More information can be found in *Requirements according to grade...*

You can do the experience on your own or as a group.

If you are going to do a project on your own, you need to answer these questions when writing a plan:

- What do you plan to do step by step?
- What learning outcomes you plan to meet and how you plan to do that?
- What will be the purpose of your Service as Action?
- What resources do you need?
- Who needs to be involved?
- For how long are you going to be working on this issue?
- What do you expect will happen at the end of the experience?

If you are going to work with a group of students, except answering questions above:

- You need to organize the group, assigning roles and responsibilities and time frames.
- You need to consider if you need to do more research on issues you did not consider when you
 started planning the experience. Issues like, i.e.: what institutions do similar things, how reputable
 are they, how do you get in touch with them, who can be benefitted from your actions besides the
 people you originally designed the experience for, are you acting ethically, etc.

Should my project be local, or I can help someone from another country?

It can overlap local and global communities.

"If students are planning a service experience with global emphasis, it is highly recommended they consider ways to include and integrate local action. Students can also consider extending local actions to global impact through partnerships with students in other cities and towns, countries and continents. Technology affords a myriad of opportunities for networking, sharing of initiatives, partnerships and impact".

From principles into practice (2014), International Baccalaureate.

Can my SA be done during a lesson or lessons?

Your service activity cannot be done during scheduled lessons (but during the breaks between lessons it is possible) but it can be a part of a bigger service learning project run by a subject teacher. It means that if you are learning with a teacher by helping but everything you do happens during lessons - it is not enough

to treat that as your SA experience. However, if you take part in that project and additionally you do many things more to broaden the teacher's project, then it can be treated as your service activity. It is recommended for students to consult teachers about their ideas for service-learning projects.

Is it good if I only join the group which does a SA project?

You need to be proactive and make things happen. You have to demonstrate learning through the experiences. Participation is not enough. You are responsible for your learning – even if you join a group you need to work hard.

My idea of SA activity is to raise money or other goods for a good purpose. Can I do this?

Yes. You need to follow these rules:

- 1. You need to very clearly specify what is the purpose of your fundraising/collecting goods and how exactly you are going to pass it to the institution or person in need. Your supervisor needs to agree to that idea the same as for your other SA activities. Write this in your plan.
- 2. You need to get a permission for this activity from School Principal. You need to describe to the School Principal all the data from the 1. point the purpose, way of passing funds/goods, who is your supervisor.
- 3. According to the Polish law you can collect money only in a school building and school area, in your fundraising only students can take part and only they can give money (If you want to broaden your fundraising beyond school, ask for help your SA Leader there will be other requirements for that).
- 4. You cannot take any money collected during your SA activity. ALL collected money needs to be given for the purpose which was planned at the beginning of the activity.
- 5. Remember that fundraising is not enough. You need to be engaged in the problem.

Other students took the idea that I created, and they treat it as their SA project. What should I do?

You should be proud of your good idea! It means that other people share your empathy and agree that this thing can be an important area to make a difference. This is a great occasion to cooperate with these students! You can always do two separate projects with the same purpose if is still answers the need.

What should I do on ManageBac?

ManageBac is the only place which is accepted by International School of Bydgoszcz for planning your SA and writing concise reflections about your Service as Action experience. You need to start your SA activity from writing about your idea on ManageBac website.

When you have an idea for SA activity, you need to:

- Click "IB Manager".
- Choose "SA".
- Click "Add SA Activity".
- Complete boxes:

"Activity Name" (here you should name your activity and specify whether it is an individual or group activity – ex. "Campaign for a country in poverty – group activity").

"Location" - if your experience happens in school you need to click: "in-School", in other way you need to choose: "Out-of-School".

"Service as Action hours" - you write the number of hours you plan to work. After the project you can change it, if in practise you spent less or more time.

"Start date" - the date when you start your project – the first day is when you write a plan, look for mates to join you, collect necessary materials for the project etc. Be careful. The time between planning and executing your experience cannot be too long (ex. a week).

"End date" - the last day of your experience. It is the best time to write your concise reflection because of fresh memory.

"Description and Goals" - here you write a plan of your Service as Action experience – what you plan to do first and what comes later. It can be described in points, but the shape does not matter. Also, you need to write very briefly what learning outcomes you choose and why those specific ones. To do this, always read the table "MYP learning outcomes for service" in this document.

"Please select your target learning outcomes:" - here you need to mark just those learning outcomes which you have described in the box above.

"Organisation" - here you write an organisation name which you cooperate with in your activity, ex. "International School of Bydgoszcz" - if you do a project in our school.

"Activity Aim" - is not required. You can complete that with the information which is included in the part "Description and Goals".

- Click "Save Changes".
- You can write "Message Board" if you want to tell something to SA Leader what is related to your activity.
- Click "Add Reflections and Evidence" to write "Journal" (your concise reflection needs to contain <u>explanation how you met each planned learning outcome</u>). Your reflection can be completed by your artwork which you can put in the sections: "Website", "Video", "Photos" and "File".
- Click "Add New Entry" to save your data.

Observation form. What is it and what should I do with this document?

When you do your Service as Action activity, remember about the document "Service as Action Observation Form" which you can find at the bottom of this document. Your supervisor of your single SA experience needs to complete it. You are responsible for giving it to your Service as Action supervisor to complete and then bring it to the SA Leader once completed.

Instead of completing "Observation form" a teacher who plays a role of your supervisor, can write a comment about your work in a **message board** on ManageBac.

My supervisor or SA Leader did not accept one/some of my learning outcomes.

It can happen if you do not follow the explanation of the learning outcomes in this document. Your supervisor can remove them from your project, and you are required to prepare another project which meets the learning outcome(s) which hasn't been accepted before.

When do I need to complete the required activities?

You need to follow the semester and school year deadlines given by the SA Leader which are announced at the beginning of the year. After the deadlines the SA Leader can refuse to accept projects described in ManageBac or any brought document.

What should I write in the reflection about my Service as Action?

Write a meaningful concise reflection on your growth over time during and after your Service as Action project and publish that on ManageBac. It needs to contain <u>explanation how you met each planned learning outcome</u>. It is good if you write what gave you satisfaction in this project, what you learnt and what taught skills you used (more options are described below). Your reflection can be completed by your artwork – painting, singing, blog website, photographs, video of your speech or drama, journal, other files reporting your activities – forms, applications, letters, flyers. It will be an evidence of your activity. Also, you should record them and your reflections on your private computer hard disk. These files will be useful in G10 when you present your development through Service as Action.

Based on: From principles into practice (2014), International Baccalaureate.

[&]quot;Supervisor Name" - your supervisor name and last name.

[&]quot;Supervisor Title" - for example: teacher. This box is not required.

[&]quot;Supervisor E-mail" - your supervisor's e-mail address. If you do not write supervisor's contact number, you need to complete this box.

[&]quot;Supervisor contact number" - it is not required, unless you do not give your supervisor's e-mail address.

You can broaden your reflection with answering the following questions to consider when reflecting on your experience:

- How did I increase the knowledge of my strength and weakness areas?
- What new skills did I develop by participating in this Service as Action experience?
- How can I describe a development of self-management my ATL skills?
- Was my activity directed to global community or local as well?
- How was this Service as Action experience a challenge for me?
- How was I an active participant in the investigation and preparation of this experience?
- How did my participation in this Service as Action experience increase my awareness of the community, I am part of?
- How well did I work collaboratively with others involved in the Service as Action experience?
- How did I help others by doing this Service as Action experience?
- In what ways was I committed with this Service as Action experience?
- How was this Service as Action experience related to issues of global importance?
- What did I accomplish related to what I expected to accomplish?
- What difficulties did I encounter?
- Did anyone help during the experience? What did they do for me?
- How did this activity benefit other people or institutions?
- If I get to do this Service as Action experience again, what would I change?
- What would I like to do next if I am to continue with this Service as Action experience?

What are the consequences of omitting SA activities?

Not meeting the requirements described in this document results in lowering behaviour grade. <u>In case of not completing any activity</u>, a student cannot get a higher behavioural grade than 'satisfactory'. The final decision about this is made by SA Leader and student's form teacher. Student's efforts are presented in the final report after the school year. If a student does not do a SA activity, this fact will be visible in this report as well.

I have joined the school community when the school year was in process. What should I do?

The SA Leader, School Principal or MYP Coordinator has a right to decide how many projects a newcomer should do.

Assessment for MYP year 5

Year 5 students (grade 10): How you are going to be assessed?

At the end of the MYP you will be obliged to present your achievements related to SA over your whole education in International Baccalaureate Programme. Your presentation of your SA experiences should take around 10-15 minutes. You can use multimedia, films, photographs, posters, etc. You need to be able to explain **all 7 learning outcomes** for Service as Action in your experiences - how do you understand them, what did you do to meet them as best you can in your activities and how did you grow in these areas when studying in IB programme.

What criteria will I be assessed against?

Criterion	Expectations not met	Approaching Expectations	Expectations met	Exceeds Expectations
A "Awareness" (become aware of your own strengths and areas for growth)	Activities have no opportunity for the students to grow in self-awareness.	Activities provide some opportunity for the students to develop themselves in self-awareness.	Overall experience presents a challenging opportunity and student has many reflections about self-awareness.	Overall experience pushes the student beyond previous limits. Student has used achieved conclusions to change character traits or learn something new.
"Global Value" (develop international mindedness through global engagement, multilingualism, and intercultural understanding)	Activities have no relation with international-mindedness, student did not engage globally, did not communicate in foreign language, did not try to learn about other cultures.	Activities do not have not enough relation with international-mindedness or: student made an attempt to engage globally, or: communicated in foreign language a bit or: tried to learn about other cultures a bit.	At least once per year: activity had a relation with international-mindedness or: student engaged globally, or: student communicated in foreign language during an activity or: student learnt about other cultures.	Student can prove that she/he has met expectations and her/his activities pushed her/him beyond these limits.
C "Challenge & New Skills" (undertake challenges that develop new skills)	Little skill required through activities.	Activities enhanced existing skills.	Student can prove that he/she developed new skills.	Student contributed to others with a newly developed skill(s).

"Initiative" (discuss, evaluate and plan student-initiated activities)	Student participated in individual and group activities but did not initiate them, did not discuss plans or evaluate them.	Student participated in individual activities initiated by her/him or in group activities but did not organize them.	Activities were organized by a student within a group led by an adult and student actively participated by planning, discussing a plan and evaluating.	Activities were planned, organized and run by the student. Activities required active participation and input from the student. Plans reflected the needs of the community.
E "Collaboration" (work collaboratively with others)	Activities did not involve working with others.	Activities were done in groups but students' collaboration or sharing responsibilities were not visible.	Activities were realized in teams. Students shared responsibilities, resolved conflicts and helped each other.	The student demonstrates exceptional interpersonal skills. She/he played various roles in teams.
F "Perseverance" (persevere in action)	The activities are one-off. There is little evidence of sustained commitment.	There is a mixture of one-off and short duration activities. There is insufficient evidence of sustained commitment.	The overall programme requires sustained commitment. The student shows evidence of self-direction and persistence in activities. Student did activities for required number of hours.	The overall programme requires a high degree of commitment. The student shows perseverance and a high degree of self-direction. Student did activities for much more number of hours than it was required.
G "Ethics" (consider the ethical implications of your actions)	The reflection or other documentation does not contain ethical implications of student's actions.	The reflection or other documentation of the experiences reveal some omissions in case of ethical implications of student's actions.	The reflection and other documentation of the experiences are complete. The reflection considers the ethical implications of student's actions.	The reflections demonstrate ethical implications of student's actions, empathy, respect and self-awareness.

Helpful tick list to do a single Service as Action activity

(for a student)

\square 1. I have an idea for my Service as Action activity.
\square 2. I read the table with learning outcomes that is in the "Handbook for Service as Action International School of Bydgoszcz. Learning expectations for service 2022/2023".
\square 3. I chose learning outcomes that I can meet during this activity.
\square 4. I found a SA supervisor. It is recommended to choose a teacher for this role.
\square 5. I discussed my idea and learning outcomes with my supervisor.
\Box 6. I got the permission for my activity (if my activity includes collecting money, other goods or selling something).
\Box 7. I wrote a plan of my activity, and I uploaded it to ManageBac.
\square 8. The title of my project includes word "individual" or "teamwork".
\square 9. I showed the plan to my supervisor.
☐ 10. I gave an observation form to my supervisor. Or: If my supervisor is my teacher, I asked her/him if she/he can write a comment about my work in a message board on ManageBac.
\square 11. I did my project. If it took a couple of days, during the activity I was writing short reflections on Managebac ongoingly.
\Box 12. I wrote final reflections which include explanations – what I did to meet each of the planned learning outcomes.
\square 13. I uploaded photos, videos, and other files on ManageBac to evidence my project.
\square 14. I showed results of my project to my supervisor (photos, video, other files or products).
☐ 15. I asked my supervisor to hand me completed observation form. Or: if my supervisor is my schoolteacher, I asked her/him to write a comment about my work in a message board on ManageBac.

☐ 16. I uploaded the scan/photo of observation form to ManageBac. Or: I checked my supervisor's message in ManageBac.
In the page below you can find the Service as Action Observation Form – the document which needs to be completed by your mentor only if she/he is not the teacher from ISOB. Our teachers can write a comment about your work in a message board on ManageBac instead of using this document.

Service as Action Observation Form (2 pages)

Date:	Name of student:		Grade:	
Supervisor - person	observing the student during the	activity:		
Name and last name	:			
Email contact:		or Phone contact:		
Name of activity org	ganizer or organization:			
I observed the above	e named student as he/she compl	eted the following service as action a	ctivity:	
Name/type of activit	ty:			
Date(s) of participat	ion:			

Following the entry into force of Regulation (EU) 2016/679 of the European Parliament and of the Council of 27th April 2016 on the protection of natural persons with regard to the processing of personal data and on the free movement of such data, and repealing Directive 95/46/EC (hereinafter referred to as "RODO"), we hereby inform that we process your personal data based on the following principles. The Administrator of personal data is International School of Bydgoszcz (address: Grabowa 2 street, 85-601 Bydgoszcz, telephone: 00 48 52/341-14-24, +48512-727-635, e-mail: isob@ukw.edu.pl, www: http://isob.ukw.edu.pl. With regard to your personal data, decisions will not be taken in an automated manner. We process personal data of person who is a guardian/carer (called: supervisor) of a student who is doing the required school projects in purpose of confirming the authenticity of the student's report about the projects. Your data can be kept in the Internet database ManageBac (which is digital class register), in school paper and electronic databases (scans). Your data can be used to contact with you to confirm what the student did during the activity.

Information for supervisor

Congratulations! You were chosen as a supervisor of student's SA action. Thank you that you agreed to help the student in this project. Thanks to you the student can develop the IB learner profile and be a better person. Please, read the rules given below to help the student in a manner required by a school policy. You can read the Handbook for Service as Action which is published on the school's website as well to broaden knowledge about SA.

Please, do not complete this document if:

- the student did not come to you with an idea for a project before starting it,
- you did not see any part of the student's work (in direct observation, photos, or movies),
- the student(s) ask(s) you to complete the form and to put your signature after the completed action if you hadn't had a chance to contribute in planning or discussing the SA experience.
- you are the student's family member (then you cannot be the supervisor) unless you are acting in a role other than a family member for example: you are a worker in the organisation where the student does the activity.

Another information important for supervisor:

- 1. The supervisor should observe the student when she/he does the project, but it is not necessary for the supervisor to stay with the student all the time. The student needs to do his/her experience being under supervision of the student's guardians or parents, or a teacher if she/he is in the school at that time. After that the student can show the results of her/his work and tell reflections to the supervisor. It is forbidden to ask any person to be a supervisor after finishing SA activity.
- 2. The service activity cannot be done during scheduled lessons. It does not count breaks between lessons.
- 3. The student needs to plan in the activity what *learning outcomes* she/he wants to meet. The supervisor can read all possible *learning outcomes* in the table below. Please check whether chosen *learning outcomes* fit the idea for activity. You can tell the student to change his *learning outcomes*. The student needs to meet at least one learning outcome in a single Service as Action activity.
- 4. If the student wants to raise money/collect goods in her/his activity, she/he needs to clearly specify what the purpose of fundraising/collecting goods is and how exactly the student is going to pass it to the institution or person in need. It needs to be described in the student's plan. You, as a supervisor, need to agree for that idea. The student needs to get permission for this activity from the School Principal. According to Polish law, students can collect money only in a school building and school area, only students can take part in fundraising and only they can give money. Students cannot take any money from those collected during SA activity. ALL collected money needs to be given for the purpose which was planned on the beginning of the activity. If you or the student want(s) to broaden the fundraising beyond school, ask for help school the SA Leader there will be other requirements for that.
- 5. If you have access to ManageBac (teachers and parents), you can control and comment the way how student describe the Service as Action activity.

Please, read the form very carefully and complete it according to what the student did. Based on this, the student is meeting the *learning outcomes*. Moreover, the student needs to be able to explain what he/she did in the action to meet the outcomes.

Please, put your signature if you have read the above text. It will ensure the school that the student's SA activity was conducted properly. Thank you very much for your support!

Supervisor's signature

Names of	Please, mark only this/these point(s) which was/were actually visible in student's activity	
learning outcomes	(students are not expected to complete all of below requirements in a single activity):	
in Service as		
Action		
Becoming more	☐ Student has learnt something new about herself/himself – that she/he is good in something or that	
aware of student's	she/he needs to work on specific skill/character trait more.	
own strengths and		
areas for growth.		
Undertaking	□ During the activity student developed new skill for her/him – if yes, write what was that skill:	
challenges that		
develop new skills.	☐ Student faced challenges when completing a task.	
Discussing,	☐ Student initiated the activity – she/he came with the idea for the experience to supervisor or/and	
evaluating, and	gathered members of his group for this project.	
planning student-	☐ Student took part in discussion about the activity before, during planning it or when it was	
initiated activity.	necessary to evaluate it.	
	☐ Student did an evaluation of the project – she/he saw that something had to be changed and later	
	modified a plan of the activity when it was going on.	
	☐ Student did an evaluation of the project – she/he wrote a reflection after an activity what she/he	
	would change next time in case of doing the same experience once again.	
	☐ Student played a very active role when planning the activity.	
Perseverance in	☐ Student was persistent in her/his action, disregarding difficulties, obstacles, or discouragement.	
action.	☐ Student's activity took hours (write how many hours, where "hour" is 60 minutes).	
Working	☐ Student was working in a team or pair on the project. They shared responsibilities and helped	
collaboratively	each other to achieve activity's purpose.	
with others.		
Developing	☐ The project has a global range.	
international	☐ Student shows what activities similar to her/his look like in other countries.	
mindedness	☐ Student can show that her/his project influences also other country/ies.	
through global	☐ The activity teaches somehow others about another culture/country (ex. music, literature, theatre,	
engagement,	architecture, clothes, lifestyle, history) or problems around the world.	
multilingualism,	☐ Student is in touch with a student studying in another country who does similar project in her/his	
and intercultural	school, or you are doing with her/him an international activity.	
understanding.	☐ Student cooperates with an international organisation helping people from various countries.	
	☐ Student is learning totally new language for her/him when doing a project (the language that	
	she/he have never learnt).	
	□ When doing the project student uses a foreign language to communicate.	
	□ Student's activity shows that education does not have borders.	
	☐ Student is engaged with a global issue at local, national or international level.	
Considering the	☐ Student explained to you that the reason for her/him to do this activity was to help in a real need	
ethical	of community/people/person. Student shows understanding of this need.	
implications of	☐ Student considered what she/he did properly in ethical way in this activity and what she/he did	
student's actions.	not.	
	☐ Student explained how her/his actions affected him/her, the community or environment.	
If you want, you can comment on the student's attitude, initiative and effort:		

	☐ Student is learning totally new language for her/him when doing a project (the language that
	she/he have never learnt).
	□ When doing the project student uses a foreign language to communicate.
	☐ Student's activity shows that education does not have borders.
	☐ Student is engaged with a global issue at local, national or international level.
Considering the	☐ Student explained to you that the reason for her/him to do this activity was to help in a real need
ethical	of community/people/person. Student shows understanding of this need.
implications of	☐ Student considered what she/he did properly in ethical way in this activity and what she/he did
student's actions.	not.
	☐ Student explained how her/his actions affected him/her, the community or environment.
If you want, you can	n comment on the student's attitude, initiative and effort:
	Supervisor's signature
	Please give this completed form to your SA Leader at school.
	Your Service as Action experience will not be credited without this form

Arkusz obserwacji wolontariatu "Service as Action" (2 strony)

Data: Imię i nazwisko ucznia:		Klasa:
Mentor – osoba obserwująca ucznia w czasie projektu:	fentor – osoba obserwująca ucznia w czasie projektu:	
Imię i nazwisko:		
E-mail:	lub numer telefonu:	
Nazwa organizatora lub organizacji:		
Obserwowałem/am wyżej opisanego ucznia w czasie projel	ktu:	
Jazwa/typ projektu:		
Termin realizacji projektu:		

Zgodnie z art. 13 ust. 1 i 2 rozporządzenia Parlamentu Europejskiego i Rady (UE) 2016/679 z dnia 27 kwietnia 2016 r. w sprawie ochrony osób fizycznych w związku z przetwarzaniem danych osobowych i w sprawie swobodnego przepływu takich danych oraz uchylenia dyrektywy 95/46/WE (ogólne rozporządzenie o ochronie danych) (Dz. Urz. UE L 119 z 04.05.2016, str. 1), dalej "RODO", informuję, że administratorem Pani/Pana danych osobowych jest International School of Bydgoszcz (ul. Grabowa 2, 85-601 Bydgoszcz, tel. 52/ 341-14-24, +48512-727-635, e-mail: isob@ukw.edu.pl, www: http://isob.ukw.edu.pl). W odniesieniu do Pani/Pana danych osobowych decyzje nie będą podejmowane w sposób zautomatyzowany. Przetwarzamy dane osobowe opiekuna (mentora) projektu by potwierdzić prawdziwość przekazanych przez ucznia informacji. Pani/Pana dane będą przechowywane w dzienniku elektronicznym ManageBac, w formie papierowej (niniejszy dokument) i jego skanu (baza elektroniczna). Pani/Pana dane mogą zostać wykorzystane w celu skontaktowania się i potwierdzenia czynności, których podjął się uczeń.

Informacja dla mentora

Gratulujemy! Został(a) Pan(i) wybrany(a) na mentora projektu wolontariackiego Service as Action (SA). Dziękujemy, że zgodził(a) się Pan(i) pomóc uczniowi w tym wyzwaniu. Dzięki Panu/i uczeń może rozwinąć w sobie cechy ucznia IB i stawać się coraz lepszą osobą. Prosimy o przeczytanie poniższych reguł, by móc wspierać ucznia w sposób odpowiadający szkolnym zasadom. Może Pan(i) przeczytać również podręcznik dot. SA (Handbook for Service as Action), który jest dostępny na szkolnej stronie internetowej, by dowiedzieć się więcej na ten temat.

Prosimy nie uzupełniać tego dokumentu, jeśli:

- uczeń nie przyszedł do Pani/a z pomysłem na projekt przed jego rozpoczęciem,
- w ogóle nie obserwował(a) Pan(i) projektu (bezpośrednio, poprzez fotografie lub filmy),
- uczeń poprosił Panią/a o wypełnienie tego formularza i złożenie podpisu po ukończeniu projektu, przy czym wcześniej nie miał(a) Pan(i) możliwości wpływu na planowanie jego działań lub ich omówienia,
- jest Pan(i) członkiem rodziny tego ucznia (wtedy nie może być Pan(i) mentorem tej osoby) chyba że pełni Pan(i) zarazem inną rolę np. jest Pan(i) pracownikiem organizacji, w której uczeń realizuje swój projekt.

Ważne informacje dla mentora ucznia:

- 1. Mentor powinien obserwować ucznia w czasie realizacji projektu, ale nie jest to konieczne przez cały czas trwania wolontariatu (uczeń pozostaje pod nadzorem rodzica / opiekuna prawnego lub nauczyciela, jeśli jest w tym czasie w szkole). Uczeń może rozliczyć swoją pracę z mentorem, pokazując dowody i relacjonując wyniki. Uczniom nie wolno prosić o objęcie projektu opieką dopiero po jego wykonaniu.
- 2. Nie można realizować projektów SA w czasie lekcji. Nie dotyczy to przerw między lekcjami.
- 3. Uczeń musi zaplanować, jakie *efekty uczenia się* (*learning outcomes*) chce osiągnąć w projekcie SA. Mentor może zapoznać się ze wszystkimi możliwymi *efektami uczenia się* w poniższej tabeli. Prosimy o sprawdzenie, czy wybrane przez ucznia *efekty uczenia się* są możliwe do osiągnięcia w jego projekcie. Można zaproponować podopiecznemu ich zmianę na bardziej odpowiednie. Uczeń musi osiągnąć co najmniej jeden *efekt uczenia się* w trakcie pojedynczego projektu Service as Action.
- 4. Uczeń chcący zorganizować zbiórkę pieniędzy lub jakichkolwiek dóbr, musi jasno określić w swoim planie cel ich pozyskania oraz sposób przekazania wybranej instytucji lub osobie potrzebującej. Mentor podejmuje wstępną decyzję, czy taka zbiórka może się odbyć. Finalnego pozwolenia udziela Dyrektora szkoły. Uczniowie prowadzą zbiórkę tylko w budynku i na terenie szkoły, w zbieraniu funduszy mogą brać udział wyłącznie uczniowie i tylko oni mogą przekazywać pieniądze. WSZYSTKIE zebrane środki należy przekazać na cel zaplanowany na początku akcji. Uczniowie nie mogą pobierać żadnych pieniędzy na własny użytek (np. w ramach rekompensaty za poniesione wydatki) od tych zebranych podczas projektu SA. Jeśli Pan(i) lub uczeń pragną poszerzyć teren objęty zbiórką, prosimy o zgłoszenie się do osoby odpowiedzialnej za SA w IsoB.
- 5. Jeśli ma Pan(i) dostęp do dziennika ManageBac (jest Pan(i) nauczycielem lub rodzicem), może Pan(i) sprawdzać przygotowany przez ucznia opis projektu i jego regularne wnioski.

Prosimy bardzo uważnie przeczytać poniższy formularz i wypełnić go zgodnie z tym, co zrobił uczeń. Na tej podstawie zaliczone zostają tzw. *efekty uczenia się (learning outcomes)*. Ponadto uczeń musi samodzielnie wyjaśnić, co zrobił w ramach projektu, by je osiągnąć.

Prosimy o Pana(i) podpis, jeśli przeczytał(a) Pan(i) powyższy tekst. Dzięki temu możemy być pewni, że projekt SA będzie wykonany zgodnie ze szkolnymi wymaganiami. Bardzo dziękujemy za Pana/i wsparcie!

Podpis mentora

Nazwy efektów uczenia się Service as Action	Proszę zaznaczyć tylko te punkty, które były faktycznie widoczne w działaniach ucznia (od uczniów nie oczekuje się spełnienia wszystkich poniższych wymagań w pojedynczym projekcie):
Uświadomienie sobie swoich mocnych stron i obszarów wymagających rozwoju.	□ Uczeń nauczył się czegoś nowego o sobie – dowiedział się, że jest w czymś dobry lub że musi więcej pracować nad określoną umiejętnością / cechą charakteru.
Podejmowanie wyzwań rozwijających nowe umiejętności.	□ Podczas zadania uczeń rozwinął nową dla siebie umiejętność - jeśli tak, proszę ją opisać:
Omawianie, ewaluacja i planowanie działań zainicjowanych przez ucznia.	 □ Uczeń zainicjował swój projekt – przyszedł ze swoim pomysłem na projekt do mentora lub samodzielnie zebrał zespół do tego projektu. □ Uczeń brał aktywny udział w omawianiu projektu - przed jego rozpoczęciem, podczas jego planowania lub ewaluacji (jeśli była konieczna). □ Uczeń dokonał ewaluacji projektu - zauważył, że coś musi zostać zmienione, a następnie zmodyfikował plan działania w trakcie jego trwania. □ Uczeń dokonał ewaluacji projektu - po jego zakończeniu napisał refleksję, w której ujął, co by zmienił, gdyby miał go realizować ponownie. □ Uczeń odegrał aktywną rolę podczas planowania zadań projektu.
Wytrwałość w działaniu.	□ Uczeń wykazał się wytrwałością i realizował projekt mimo trudności, przeszkód lub zniechęcenia. □ Projekt ucznia zajął godzin (proszę podać liczbę godzin, przy czym "godzina" oznacza 60 minut).
Współpraca z innymi.	☐ Uczeń pracował nad projektem w zespole. Członkowie zespołu dzielili się obowiązkami i pomagali sobie nawzajem w osiągnięciu celu.
Rozwijanie nastawienia międzynarodowego poprzez globalne zaangażowanie, wielojęzyczność i podejście wielokulturowe.	□ Projekt ma zasięg globalny. □ Uczeń pokazuje, jak wyglądają działania podobne do jego projektu w innych krajach. □ Uczeń wykazuje, że jego projekt ma wpływ także na inne kraje. □ Projekt pozwala innym dowiedzieć się czegoś na temat obcej kultury / obcego kraju (np. dotyczy muzyki, literatury, teatru, architektury, ubrań, stylu życia, historii) lub poznać problemy obecne na całym świecie. □ Uczeń w trakcie projektu pozostaje w kontakcie z kolegą uczącym się w innym kraju, który realizuje podobny projekt w swojej szkole lub wspólnie realizują pomysł o międzynarodowym zakresie. □ Uczeń współpracuje z międzynarodową organizacją pomagającą ludziom z różnych krajów. □ Uczeń podczas realizacji projektu uczy się zupełnie nowego dla siebie języka obcego. □ Podczas realizacji projektu uczeń używa w komunikacji języka obcego. □ Projekt ucznia pokazuje, że edukacja nie ma granic. □ Uczeń jest zaangażowany w globalny problem na poziomie lokalnym, krajowym lub międzynarodowym.
Uwzględnianie etycznych konsekwencji działań ucznia.	 □ Uczeń wyjaśnił Pani/u, że powodem realizowania jego projektu jest rzeczywista potrzeba społeczności/osób/osoby. Uczeń wykazuje zrozumienie tej potrzeby. □ Uczeń przeanalizował, co udało mu się zrobić w projekcie w sposób etyczny, a co mogło mieć charakter nieetyczny.

konsekwencji działań	społeczności/osób/osoby. Uczeń wykazuje zrozumienie tej po	j potrzeby.	
ucznia.	□ Uczeń przeanalizował, co udało mu się zrobić w projekcie	w sposób etyczny, a co mogło	
	mieć charakter nieetyczny.		
Poniżej może Pan(i) skomentować postawę, inicjatywę i wysiłek ucznia:			
		Podpis mentora	